



2015 End of Year Update

Continuous Efforts



National Night Out was a big success in August 2015! The HCC had a display board and representative talking about our commitment to the Cudahy Community. Health education topics presented included: Drug storage and disposal, Duck Pond Safety, Emergency Preparedness, Vaccinations, Hand Washing, and WIC Nutrition.

Twenty-one older adults received flu shots during the September 2015 Flu Clinic hosted at Cudahy Health Department!

The HCC hosted the Zombie Walk that brought sixty-seven community members together to encourage exercise by walking along the Oak Leaf Trail.



Michael Jackson's "Thriller" song helped our zombies to warm-up for the walk, then they could refuel with snacks and beverages from Skyline Catering upon their return to the Kelly Senior Center.

In collaboration with the Cudahy Police and the Cudahy Technology Departments, the HCC helped present vital information, safety tips, and discuss the risks associated with the increased use of technology. This presentation was delivered to parents and adults.



We helped Cudahy welcome it's first annual farmer's market by offering FREE demonstrations, samples, and health education!

Upcoming Events

[1st Annual Light and Unite RED:
Learn the Real Deal](#)

This project will mirror the efforts of 2015 Light It Up Blue Campaign in Cudahy.

The Mental Health and Substance Abuse Task Force plans to host a forum in the end of February to address parent concern for prescription drug abuse.

Light It Up Blue Campaign to recognize World Autism Awareness Day on April 2nd.
More details to come!

[Click here to view the most recent meeting minutes](#)